



FunDancing Classes & News

April 2020

Hello everyone,
Suffice to say that as soon as I know what is happening I will let you know.
I posted a message on FunDancing's Facebook page a few days ago and it received a number of lovely comments, I feel that it is appropriate to share in this news sheet - see below.

Keep safe and well. See you in class J x



Happy Easter

NEWS

At the time of writing this, none of us have any idea how long this situation is going to go on for.

So whilst there is an April Schedule it is subject to change, so I am seriously looking at how I can put a form of FunDancing online. So that you can have a wiggle & giggle in your home, when classes aren't running.

Details will follow as soon as can work something out.

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However, Mind Body Moment classes will be going online. Offering mixed movement; Pilates, Somatics, simple Yoga, guided relaxation, etc.

Details will come to you but if of no interest to you, no problem.

Look after yourselves ❤️

"The worst thing about this situation is the ping of the text or email from another class member letting me know they won't be coming to Fun_Dancing classes..... and so the income disappears and as self-employed we get no financial support.

However, being self-employed we are resilient ...

who knows how this situation will affect FunDancing!

Will it close? Will it reinvent itself? Let's see shall we ...

In the meantime dance in your living room, dance in your kitchen, dance in your garden ... just dance - put the music on and DANCE



April Class Schedule

April Class Schedule	Day	Start Time	Venue
15th & 29th	Wed	10:00	Nayland
15th, 22nd & 29th	Wed	19:00	Boxford
16th, 23rd & 30th	Thur	10:00 & 19:00	Capel St Mary
17th & 24th	Fri	10:00	Stratford St Mary

"Extreme FunDancing" 19:00 to 21:00 Tuesday 21st April
The Institute, Stratford St Mary only £2 for heaps of fun!

Unable To Attend Class

Please add to class attendance sheet, OR text (07506 350 455) / email (janet@fundancing.co.uk)

BEFORE 8am on class day morning

Last Minute Class Changes

Will be listed on the website, facebook & twitter AND class members will be notified by text & email

Do I have your correct contact details?

Classes continually poorly attended will be closed

Class Cancellations

Please see the website or look out for emails

2020 Classes that may be affected

14th & 15th May

9th & 10th, 29th, 30th & 31st July

7th August

24th & 25th September

15th & 16th October

CLASS VENUES

Nayland Village Hall
St James Wall, Church Lane
CO6 4JH

Boxford Village Hall
Stone Street Road
CO10 5NP

St Mary's Church Hall
The Street, Capel St Mary
IP9 2EL

The Institute
Higham Road, Stratford St Mary
CO7 6JU

WHAT TO WEAR

Lightweight flexible shoes with a small heel & preferably suede soles

Clothing you can dance in easily
Bring Water with you

FunDancing's YouTube Channel
Search for FunDancingUK

Enjoying FunDancing classes?

Share your experience with others to encourage them to join us!

Class Photo Fun!

www.fundancing.co.uk/gallery/

CLASS COSTS

Cash:

£7.00 per class

Chq or BACS:

£28 (4 consecutive classes)

Monthly SO:

£23 (1 class a week)

£45 (2 classes a week)

£68 (unlimited classes a mth)

Terms & Conditions apply



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